10 Wishes

In early 2010, Riksbyggan, a Swedish organisation working with children of imprisoned parents, asked a group of children what would need to change to make it easier for them to have a parent in prison.

These are the children’s wishes and drawings.

1. Make it easier to visit a parent in prison

Including building more visiting rooms and letting the parents be imprisoned at a prison as close to the children as possible.
2. Nicer visiting areas

Including making visiting areas child-friendly, and having playgrounds and parks.

3. Nicer & friendlier prison staff

Suggestions included that the prison staff need education on children and on how to work with children, for example as pre-job training.
4. More time on leave for imprisoned people with children

5. More support

Some teenagers suggested, for example, allocating more money to NGOs like Riksbryggan, and that they would like more support from school.
6. More information and dialogue

For example talking more with the child instead of just deciding things without asking them – including whether they want to visit their parent.

7. Longer visiting time
8. Easier to call the parent and to be called by parent

9. Visiting centres where the children can stay the night
10. Small children should not have to be searched when visiting prison

*Riksbyggen* is part of the EU-funded COPING project.

COPING is a child-centred project which aims to investigate the characteristics of children with imprisoned parents, their resilience, and their vulnerability to mental health problems. This group of children is exposed to triple jeopardy through break-up of the family, financial hardship, and extremes of stigma and secrecy, leading to adverse social and educational repercussions.